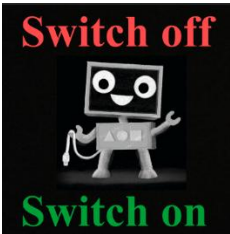




Switch off...and switch on! February Edition

February is a month to celebrate love, one of our school values.



What can you do in February to
'Switch off and switch on!'



We hope you enjoyed taking part in January's activities. Please do let us know what you enjoyed or how you adapted them.

February brings some longer days and half term. We have included some ideas of things to do during half term, as well as a range of activities to encourage switching off of screens in the evening and weekends.

February 11th is International day of women and girls in science.

Take part in a science activity - make 'oobleck:'

Mix one cup of cornstarch with $\frac{1}{2}$ cup of water

It acts as a solid under pressure and a liquid when released: have fun exploring oobleck's properties.

February 13th - World Radio Day

Listen to the radio - there are many channels to explore so there is something for everyone. Let us know which one you liked the best!

February 14th - Valentines Day

- Make a card or picture for someone you love.
- Bake 'heart cookies'

You will need:

- 125g/4 $\frac{1}{2}$ oz unsalted butter, softened
- 55g/2oz caster sugar, plus extra to finish
- 180g/6oz plain flour





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Method:

1. Beat the butter and sugar together until smooth
2. Stir in the flour
3. Shape into hearts and bake on a greased baking tray at 190C / 170C Fan / Gas 5 for 15 to 20 minutes

You could decorate the cookies.

February 17th Random Acts of Kindness Day

How many random acts of kindness can you complete?

Share a treat with someone (you could use the cookie recipe above).	Compliment someone - tell them something you like about them.	Tidy your room.	Complete a chore around the house - you could tidy up, clean or wash up.	Say 'thank you' to someone and tell them why.
Donate something to charity.	Tell someone a joke.	Draw a picture of make a card for someone.	Smile at people!	Help someone: hold the door open, or carry something for them.

February 17th Lunar New Year

Kung Hei Fat Choi to our families who are celebrating.

This year is the Year of the Horse.

- Can you find out which animal you were born under?
- Draw a picture of a horse to decorate for the Lunar New Year.

February 22nd World Thinking Day

Take some time to sit and think! Here are some ideas to think about:

- What would it be like to live in the sky or in the ocean?
- Do animals have feelings?
- Can you be happy and sad at the same time?
- Can one person change the world?
- What could grown ups learn from children?

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February 21st International Mother Language Day

- Make a list of your favourite words in your mother language.
- Look up words in another language.
- Learn how to say 'hello, how are you?' in another language or teach someone how to say it in your mother tongue.


Switching off at home time

Try the following conversation starters to encourage chat with your child at pick up time:

- What was your favourite part of the day?
- What are you looking forward to tomorrow?

Home movie night

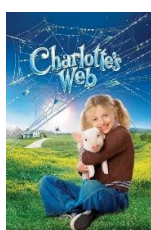
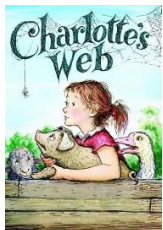
Watch a film about love and friendship.

Title	Rating	Title	Rating
Gnomeo and Juliet (based on the classic play 'Romeo and Juliet' by Shakespeare)	U 	The Princess Bride 	PG

What score would you give the film out of 10? What was your favourite part?

Read the book and watch the film – did you spot any differences?

Charlotte's Web by EB White

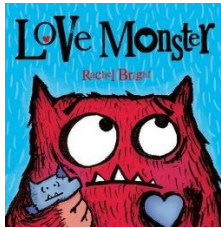


Book Club

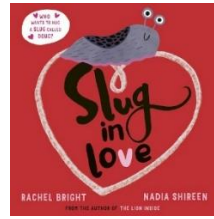
Take this list with you to the library, or search for other books with a winter theme:



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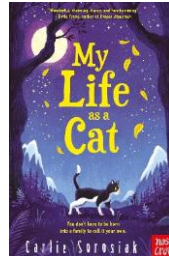
Rachel Bright



Rachel Bright



Matt Goodfellow



Carlie Sorosiak

Playlist:

Title	Artist
The Power of Love	Huey Lewis & the News
It Must be Love	Labi Siffre
One Love	Bob Marley
Romeo & Juliet	Tchaikovsky (Classical)
I Love Rock & Roll	Joan Jett

What's in the Local Area?

See below for some ideas to keep you entertained

Super Duper Family Festival

<https://www.visitmanchester.com/super-duper-family-festival/>

4 days of free fun across the city over half term

Public places in Manchester will be transformed into exciting Play Spaces with games, dancing, crafts, movies, performances and more!

Lunar New Year

<https://www.visitmanchester.com/chinese-new-year/>

Celebrate the Year of the Horse.

Can you think of any other activities? Please share your ideas!