|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Year Group** | **Autumn 1** | **Autumn 2** | | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Reception** | Learning the Fundamentals | | | Learn to move on Equipment | Learn to move with Music | Fundamentals | Athletics |
| Learn to Ride a Balance Bike | | | | | | |
|  | | | | | | | |
| **1** | Movement Skills (Fundamentals) | | Gymnastics 1 | Dance – Animals (Handa’s Surprise) | Invasion Skills 1 | Movements Skills and Games | Athletics |
|  | | | | | | | |
| **2** | Movements Skills (Fundamentals) & Equipment Manipulation  (Hands 1 and 2) | | Gymnastics 2 | Dance – Magic Toys | Movement  Invasion Skills 2  (Creating Games) | Games for Understanding &  Rackets Bats and Balls | Athletics  (FMS checks) |
|  |  | |  |  |  |  |  |
|  | | | | | | | |
| **3** | Invasion Skills  (Hockey) | | Tactics and Communication Gymnastics 3 | Gymnastics 3 &  Dance – Rio 2 | Health & Fitness &  Cross Country | Tri Golf &  Cricket | Athletics |
|  |  | |  |  |  |  |  |
|  | | | | | | | |
| **4** | Hockey &  Gymnastics 4 | | Handball &  Gymnastics 4 | Dance – Water Cycle | Health & Fitness | Cricket | Athletics |
| Cross Country |
|  |  | |  | **Swimming** | |  |  |
|  | | | | | | | |
| **5** | Basketball &  Flag Football | | Hockey &  Gymnastics 5 | Gymnastics 5 &  Dance – Natural Earth | Health & Fitness  & Orienteering Skills | Cricket | Athletics |
|  |
|  | | | | | | **Swimming** | |  |
| **6** | Basketball | | Hockey | Gymnastics 6 | Dance – Electricity &  Leadership skills |  |  |  |
| Cricket | Athletics |  |
|  |  |  |
| **Swimming** | | |  |  |  |  |

**EIP fixtures Other Fixtures**

Basketball yr 5/6 Hockey yr 5/6 Football (Girls and Boys) Panathalon

Dodgeball yr 5/6 Athletics yr 1/2 Cricket Wrestling

Handball yr 3/4 NFL Flag Football Tri Golf Yr 3/4

Cross Country 3/4

**"It's not about being the best, it's about being better than you were yesterday."**

