

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Learning the Fundamentals		Learn to move on Equipment	Learn to move with Music	Fundamentals	Athletics
	Learn to Ride a Balance Bike					
1	Movement Skills (Fundamentals)	Gymnastics 1	Dance – Animals (Handa’s Surprise)	Invasion Skills 1	Movements Skills and Games	Athletics
2	Movements Skills (Fundamentals) & Equipment Manipulation	Gymnastics 2	Dance – The Circus	Movement/Invasion Skills 2	Movement Games 2	Athletics
	Football Skills				Target Games	
3	Football Skills	Hockey	Gymnastics 3	Health & Fitness	Tri Golf	Athletics
				Cross Country		
				Dance		
4	Hockey	NFL Flag Football	Gymnastics 4	Health & Fitness	Cricket	Athletics
				Cross Country		
			Handball	Dance		
5	TAG Rugby & Basketball	NFL Flag Football & Dodgeball	Gymnastics 5	Health & Fitness and Dance	Cricket OAA (Outdoor Adventure Activities - Map reading)	American Football Athletics
6	Hockey & Basketball	Dodgeball & NFL Flag Football	OAA and Problem Solving	Gymnastics 6 & Leadership	Tennis OAA and Problem Solving	Athletics Cricket